**Expression of Interest 2017-18**

**SPIRITUAL EXERCISES OF IGNATIUS LOYOLA**

**~ 19th Annotation (over 30+ weeks ) ~**

**Name …..**

Address **…**

Town/City **…** Post Code **…**

Email **…**

Contact phone no: (Daytime) **…**

Do you have a spiritual director / guide at the moment?

How often do you meet ?

How long have you been meeting?

Have you made an individually guided silent retreat before? …

*(where? When ? …*

Can you commit to a daily hour of prayer and travel to a regular meeting of an hour with a prayer guide for over at least 30 weeks? (With breaks, holidays, and personal situations it is unusual to finish in 30 weeks)

What might be the main challenges for you with this?

When are you available to meet with your retreat director in a normal week?

e.g. evenings only /any daytime / Saturday mornings / early evening after work / other …

Any particular Christian affiliation (group / church / mission) that you belong to …

Occupation …

*Emergency Contact details:*

Name … Tel No:

Email :

NB. A contribution of £5 per session or £150 is requested to cover your guide's CPD, supervision, resources, and copying.

*In addition to the information requested above we would appreciate it if you could also answer the following questions to help us as we guide you through the Exercises. Please use another page or two to give an adequate response.*

HEALTH: Please describe any challenges to your health that we need to be aware of.

LIFE: Include whatever you consider significant: e.g. the kind of faith-life experienced at home; education; chronic or prolonged illness (your own or others’); relationships in and outside the family.

VOCATION: If you sense that God has called you to a specific vocation, what was the form of the call? Have you been happy in your vocation? How is God calling you now?

PRAYER: Describe how you pray. Say what it is that you do and find meaningful. Indicate any growth in prayer, any pattern of prayer, any inner and/or outer experience of relationship with God.

SPIRITUAL EXERCISES: Please say how you came to be interested in the Spiritual Exercises. Why do you want to make them?

QUESTIONS or REQUESTS: Please write down for us any questions you want to clarify or explore as you move towards this commitment.

REFEREE: Please provide the name and email or phone number of your spiritual director (or a senior church leader) whom we can ask for a personal reference .

Name: Phone:

Email:

**Please send this information, along with your own written statements above, to:**

**Lois Baldwin**  [**loisbaldwinz@gmail.com**](mailto:loisbaldwinz@gmail.com)

**(or phone … Tuesday to Friday 9am – 5pm. 02476 713381)**