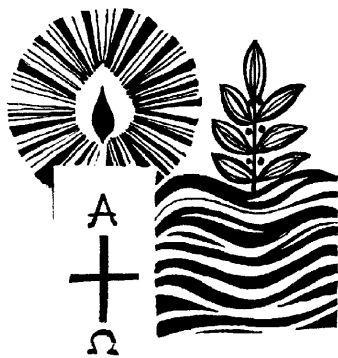


What is spiritual direction?

- a ministry deeply embedded in Christian tradition
- walking alongside another in a journey with God
- a relationship which helps us to attend more closely to the movements of God's spirit in our lives



Training in the Art of Spiritual Direction

Course details

Dates:

September 2015 – August 2016
Wednesdays weekly 7.30 – 9.30

Venue:

St Andrew's Church Centre,
Shottery, Stratford Upon Avon.

Cost: £100 per term

(Retreat and Quiet days extra)

Content outline

Term 1:

To begin at the beginning

Exploration and clarification of what spiritual direction is – and is *not*.
Practice rooted in Scripture.

Term 2:

Essential Items

Spiritual Exercises;
Prayer, Scripture
Rule of Life.

Human development - secular and
Christian perspectives.

Term 3

Beginning and Sustaining the Journey

Practical guidelines, case studies
and supervision.

What practical things must be in place before starting the course?

Be member of a worshipping Christian community

Have completed an approved listening skills course*

Have a spiritual director**

Have undertaken a Retreat in Daily Life***

Be able to provide references from incumbent/pastor of current church and another Christian in good standing with the Church.

Attend a selection interview

Further information

*A seven-session Listening Skills course will run from January 2015
Venue: St John the Baptist Church Hall, Berkswell.

**A network of spiritual directors is being developed and we can facilitate introductions.

***This will be offered in the summer term 2015.

Applications to be received by
30 April 2015

Application forms and further information can be obtained from:

Lois Baldwin:

loisbaldwinz@gmail.com or

Chris Edmonds

chris.edmonds@covcofe.org

Are you called
to be a
**Spiritual
Director?**

